

## **ABOUT US**



The PACT Urban Peace Program empowers under-resourced communities through various initiatives like community programming, food security, youth coaching, and experiential learning. With a focus on intergenerational involvement, the program aims to create nurturing and accessible communities. As a registered Canadian charity, PACT collaborates with like-minded organizations to drive positive community transformations and sustainable futures.

The PACT Grow-to-Learn Program and Food Security Initiative (GTL) utilizes 1.8 acres of outdoor space to educate and feed thousands annually. Collaborative school gardens offer experiential learning on food systems and sustainability. Partnering with Toronto's school boards, GTL transforms unused spaces into productive gardens, providing education and fresh produce to under-resourced communities. Since 2012, GTL has distributed over 100,000 pounds of produce, benefiting local food banks and families while enhancing community green spaces in the Greater Toronto Area.

THERE IS A REQUIRED DONATION TO HOST AN EVENT, PLEASE CONTACT JULIA SARGENT FOR DETAILS AND BOOKING REQUESTS.

JULIA@PACTPROGRAM.CA

All donations are tax deductible. We provide light refreshments at all events, including coffee, tea and water. We are happy to arrange a lunch service, or feel free to provide your own!

### **FUN TEAM BUILDING GARDEN DAY**

Spend an active hands-on half or full day in one of our organic school urban farms, working as a team to help keep our learning and engagement spaces in safe, tip top growing and working order.

Garden tasks can be tailored to your group, and include low-impact and accessible activities. Other essential tasks usually involve clearing, organizing, sowing, harvesting, weeding, digging, raking and planting.

Ideal for larger groups, lunch is optional.

# TEAM WORK + CONNECTION FOR A GREATER CAUSE

Connection happens in our urban farm. Connection with nature, with others and with ourselves.

Through the immersion of being active in the garden, time spent outdoors in nature, and working with others in a whole new environment, new connections are made.

People get to know each other, teams learn creative new ways to work together, and individuals revel in the opportunity to make a meaningful contribution.

It is a lot of work to maintain an organic and sustainable urban farm, and as such, PACT relies on the help of hundreds of volunteers to help maintain the space and provide programming for vulnerable communities every year.

To get your group involved, please contact Madison Rochwerg at madison@pactprogram.ca.

# **LOCATIONS**

John Polanyi CI (JPCI) 640 Lawrence Ave. W at Allen Rd.

Our 1.5 acre, John Polanyi CI organic urban farm has an outdoor kitchen, and covered seating area for large groups. Available Friday's for up to 60 individuals from May -October. Thistletown CI (TCI), 20 Fordwich Crescent at Islington.

Our 0.5 acre, Thistletown CI is supported by the PACT Urban Peace Program in collaboration with TDSB. The garden comprises 17 field beds and approximately 20 raised planters, designed for accessibility and sensory stimulation for diverse abilities. Available Wednesdays for 40 individuals from May - October.

Our gardens are available for both half and full day corporate volunteering events. Full day events will be available from 9:30am-3pm, and half day events from 9:30-12 (or 1pm with lunch).

# Team Building Program Add-Ons



#### Session With a Life Coach

Unlocking Potential Together: Join us for a dynamic life coaching team building session where individuals come together to discover their strengths, ignite collaboration, and cultivate a shared vision for success. Guided by seasoned coaches. participants engage in interactive exercises, reflective discussions, and personalized goal-setting to enhance communication, boost morale, and foster a supportive team culture. Through this transformative experience, teams emerge empowered with renewed clarity, cohesion, and a roadmap for achieving their collective aspirations.

# Top Chef Cooking Competition

Prepare your palate for a culinary showdown like no other in our Top Chef Cooking Competition! Armed with fresh, organic produce harvested straight from our garden, talented chefs from across the region come together to showcase their skills and creativity in a gastronomic battle royale. With baskets brimming with vibrant vegetables, fragrant herbs, and sun-kissed fruits, contestants race against the clock to craft mouthwatering dishes that tantalize taste buds and dazzle the judges. As the tension rises and aromas fill the air. spectators are treated to a feast for the senses, witnessing the magic unfold as culinary masterpieces are born from the bounty of the earth. From farm to fork, join us in celebrating the artistry of food and the joy of community in this thrilling culinary extravaganza!

#### Garden Fresh Floral Workshop

Discover the joy of flower arranging with our Garden Fresh Floral Workshop! Step into our lush garden and learn the art of crafting beautiful bouquets and arrangements using freshly picked flowers and foliage. Led by experienced gardeners you'll delve into the world of flowers, exploring their colors, textures, and scents. From classic roses to cheerful daisies, you'll learn about a variety of blooms as you create your own stunning arrangements. Whether you're a beginner or a budding florist, come join us for a fun and educational experience surrounded by the beauty of

### Sustainability Workshop -Building a Windmill

Get hands-on with sustainability in our Windmill Building Workshop! Join us as we roll up our sleeves and delve into the world of renewable energy. Led by experts, you'll learn the ins and outs of building a windmill from scratch using simple materials. Gain practical skills while exploring the importance of sustainability and renewable resources. Whether you're a DIY enthusiast or just curious about green living, come join us for a fun and educational experience!



#### **Composting Workshop**

Join us for a Composting Workshop and discover the power of turning food scraps into nutrient-rich soil! In this hands-on session, learn easy techniques for composting at home, reducing waste, and enriching your garden. Led by experts, you'll uncover the secrets of successful composting, from balancing ingredients to troubleshooting common issues. Whether you're a gardening novice or seasoned pro, come join us to unlock the potential of your kitchen scraps and contribute to a greener, more sustainable future!



