About Us

The PACT Urban Peace Program is an award-winning, outcomedriven and cost-conscious registered charity in Toronto. PACT has a grassroots beginning and a social entrepreneurial approach, and is made possible through the leadership and support of many volunteers, social entrepreneurs and community partners.

PACT empowers and supports at-risk youth and our most vulnerable populations through:

- Grow-to-Learn
- · Life & Job Skills Community Service Projects for youth
- LifePlan Coaching Program for highest-risk repeat offender youth

Our **Grow-to-Learn Urban Farms** welcome thousands of people each year who come to learn, be nourished, engage and connect - at no cost.

School classes take part in outdoor, experiential education; low-income individuals trade kitchen scraps for organic produce; families and seniors join us for community dinners; and volunteers help make a tremendous environmental impact through high-yield composting and lush pollinator spaces.

Contact: Paige Lockett 416-417-0803 or paige@pactprogram.ca

www.pactprogram.ca



1. HOST A GARDEN MARKET & COMMUNITY DINNER

Spend approx. six hours in our beautiful garden, helping to prepare for our weekly garden market and community dinner.

Tasks include harvesting, preparing food and cooking in the outdoor kitchen for up to 175 community clients, setting up the market and helping with clean up.

Up to 15 volunteers / Thursdays, May-October

2. FUN TEAM BUILDING GARDEN DAY

Spend an active hands-on half or full day in one of our our organic school urban farms, working as a team to help keep our learning and engagement spaces in safe, tip top growing and working order.

Garden tasks can be tailored to your group, and include low-impact and accessible activities. Other essential tasks usually involve clearing, organizing, sowing, harvesting, weeding, digging, raking and planting.

Ideal for larger groups, lunch optional



Our 1.5 acre, John Polanyi CI organic urban farm has an outdoor kitchen, and covered seating area for large groups.

TEAM WORK + CONNECTION FOR A GREATER CAUSE

Connection happens in our urban farm. Connection with nature, with others and with ourselves.

Through the immersion of being active in the garden, time spent outdoors in nature, and working with others in a whole new environment, new connections are made.

People get to know each other, teams learn creative new ways to work together, and individuals revel in the opportunity to make a meaningful contribution.

It is a lot of work to maintain an organic and sustainable urban farm, and as such, PACT relies on the help of hundreds of volunteers to help maintain the space and provide programming for vulnerable communities every year.

To get your group involved, please contact Paige at paige@pactprogram.ca