

PACT Annual Impact Report

2025



pact
THE COMMITMENT TO
POSITIVE CHANGE

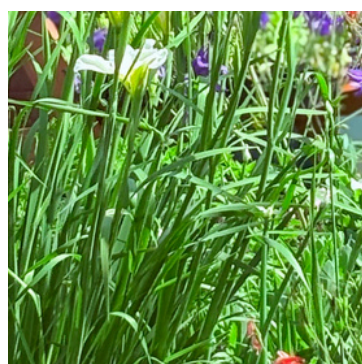
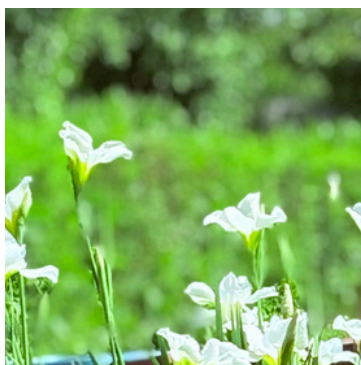


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About PACT

The PACT Urban Peace Program is committed to advancing equity and opportunity in systemically under-resourced communities. For over two decades, we have delivered award-winning community programming that includes food security supports, youth life coaching, mentorship, and hands-on learning experiences designed to break down barriers and open pathways to success.

Our intergenerational model ensures that our impact is felt across the community—from young people building confidence and skills, to families accessing essential supports, to seniors and systemically excluded individuals finding connection and belonging. Together, we nurture environments where people feel safe, supported, and empowered.

As a registered Canadian charity with a proven track record of measurable community transformation, PACT collaborates with partners who share our commitment to building stronger, healthier, and more sustainable futures. Through these strategic partnerships, we drive collective investment in real, positive, community-led change.

Mission

To strengthen community wellness by supporting and empowering youth, families, and seniors within nurturing, inclusive, accessible environments. We develop, deliver, and scale our best-practice community programming, food security initiatives, youth life coaching and mentorship, and experiential learning opportunities. PACT creates strategic community partnerships with organizations that share our values and goals.

Our Vision

Vibrant, thriving communities that are inclusive and accessible so that every person has the opportunity to reach their full potential.



Letter from the President

It's hard to believe PACT is completing its 30th year of operation.

We owe a huge debt of gratitude to our dedicated employees and associates for their extraordinary commitment and service in supporting our clients.

2025 has been an incredible year of growth and improvement for both our Grow-To-Learn schoolyard gardening program and our LifePlan Coaching program.

Our Grow to Learn program provided weekly bags of fresh vegetables to over 700 food-insecure community members from mid-June to mid-October. We've also made a commitment to reach 900 people in 2026 and 1,100 in 2027. In addition, our curriculum-based workshops welcomed over 1,000 student visits.

Our three gardens have matured beautifully and look spectacular. In particular, the David Wilson Memorial Garden at John Polanyi Collegiate Institute—designed from a blueprint created 15 years ago and shaped by everything we've learned since—has truly come into its own. The genius of its designer, Tim Murphy (landscape architect and horticulturist), is now fully visible in the garden's maturity. It is an acre of natural beauty in an underserved area of Toronto: surrounded by fruit-bearing bushes, home to 15 fruit trees, and more than 10 trees that have grown to over 30 feet tall. The garden is alive with pollinators and wildlife—birds, bees, and dragonflies. I don't say this lightly: it has become a national treasure, and a powerful example of what is possible when community partners with public institutions to deliver higher-quality education and opportunity—especially in underserved areas.

Our life coaching program is now integrated into the education system beginning in Grade 7, supporting our most vulnerable youth. We continue to learn that the power of early prevention is transformational—not only at the individual level, but also in creating intergenerational change.



At an organizational level, we are also experiencing the impact of continuous improvement as we work to build best-practice models.

For over 30 years, the driving principle shared by everyone involved with PACT has been a commitment to continually improve our programs in ways that best serve our clients. The more effective the program, the more lives we can enrich. While every program is always a “road under construction,” some initiatives reach a level of best practice and become truly exceptional in their impact. We believe both our Grow to Learn program and our life coaching program have achieved that level of excellence.

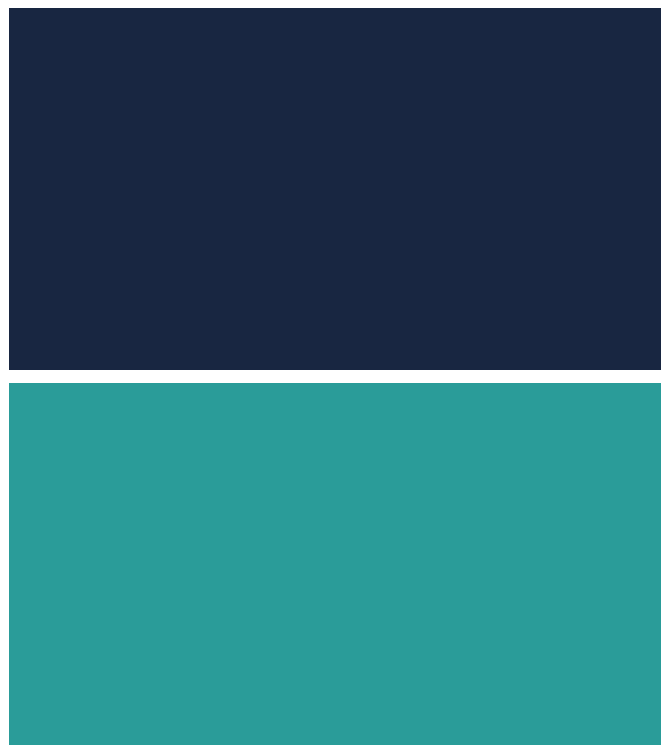
As a result, in 2026 we will be launching the PACT International School of Social Change. We believe the best way to achieve our original vision of delivering one million programs within my lifetime is to teach our model to others. Our guiding principle is: “Teach to Scale.”

Lastly, I want to acknowledge the incredible courage of the youth we serve—young people who show up and take the action steps required to improve their lives, despite profoundly challenging environments and living conditions. I also want to thank our sponsors and donors for their unwavering support and belief in our mission over the last 30 years.

President & Co-founder

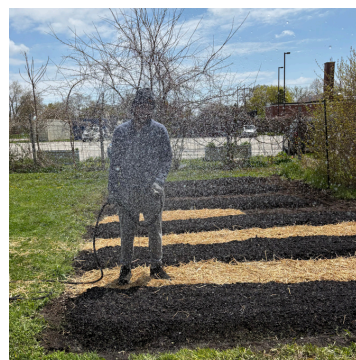
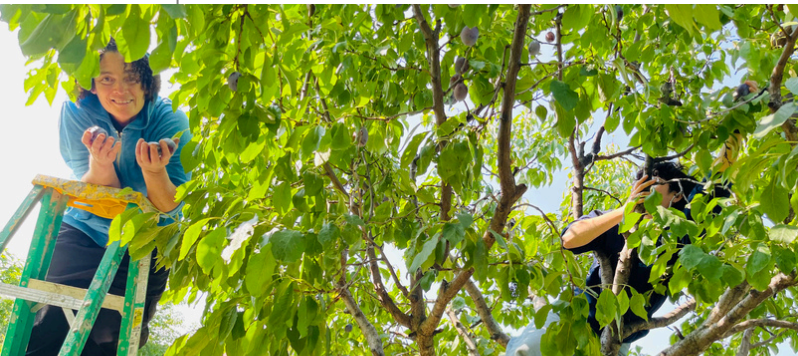


David Lockett



About Grow-To-Learn

The Grow-to-Learn (GTL) Program builds and supports schoolyard gardens in under-resourced communities across Toronto, turning unused outdoor spaces into hands-on learning environments. We design, install, and maintain accessible food-growing gardens, and provide schools with year-round programming that includes curriculum-linked workshops, gardening lessons, and volunteer engagement. GTL teaches students how to grow fruits, vegetables, and pollinator plants, while helping schools integrate outdoor learning into everyday classroom activities. Harvests from the gardens support school food initiatives and our Fresh Food Box program, creating a direct link between education, food literacy, and community food access.



JPCI Garden Highlights – 2025 Season

New Equipment Impact (BCS Tractor & with attachments Tiller, PDR):

The introduction of the BCS Tractor with tiller has made a tremendous difference in our day-to-day operations. It has simplified bed preparation, improved efficiency, and allowed us to complete planting and maintenance work on schedule. The equipment has also helped us extend our growing area by adding several new beds, enabling us to produce more food for the community.

Greenhouse Installation:

The newly installed greenhouse has been a great addition to the garden. It allowed us to grow and manage a wide range of seedlings early in the season, improving both our crop planning and planting efficiency. This has contributed to a more organized and productive growing cycle overall.

Improved Garden Infrastructure:

We introduced straw pathways between garden beds, which effectively suppress weeds and create clean, accessible walkways. This improvement has enhanced both the functionality and appearance of the garden.

Integrated Pest Management:

The use of trap crops throughout the garden has proven successful in reducing pest pressure on main crops, supporting healthier plant growth and higher yields. And also using row cover on the beds in early stages of plant growth helped to avoid pests and diseases and also retained heat which helped the plants to grow faster.

Team Effort and Dedication:

This season's success is a true reflection of our team's hard work and collaboration. The combined efforts of community volunteers, after-school students, and staff made it possible to maintain the garden efficiently and achieve these results. We deeply appreciate everyone's dedication and teamwork throughout the year.



Fresh Food Boxes (FFB)

Despite a challenging season with a late start, sudden temperature fluctuations, and weather extremes, we achieved an excellent harvest. Through the Food Box Program, we successfully distributed fresh produce to over 700 participants each week. Our monthly community meals have also continued to bring everyone together, celebrating local food and teamwork.

Statistics:



We distributed **6,549** (+147% vs last year) Fresh Food Boxes feeding a total of **7,772** (+40% vs last year) clients during the 2025 season!



PACT grew **4,162.8 lbs** that's produce, which values around **\$35,420** in fresh produce!



Our new program TCI Food Pantry donated **219** bags of food, totalling approximately **900** lbs of food!



This year, **13** community volunteers attended each week, and generously contributed **204** hours of service, alongside **111** student volunteers who dedicated an additional **353** hours to supporting our programs.



Across **7** events, including 4 community meals and 3 volunteer appreciation celebrations, we brought together **282** community members.



From Seed to System: How Accessible Urban Agriculture Builds Community Resilience

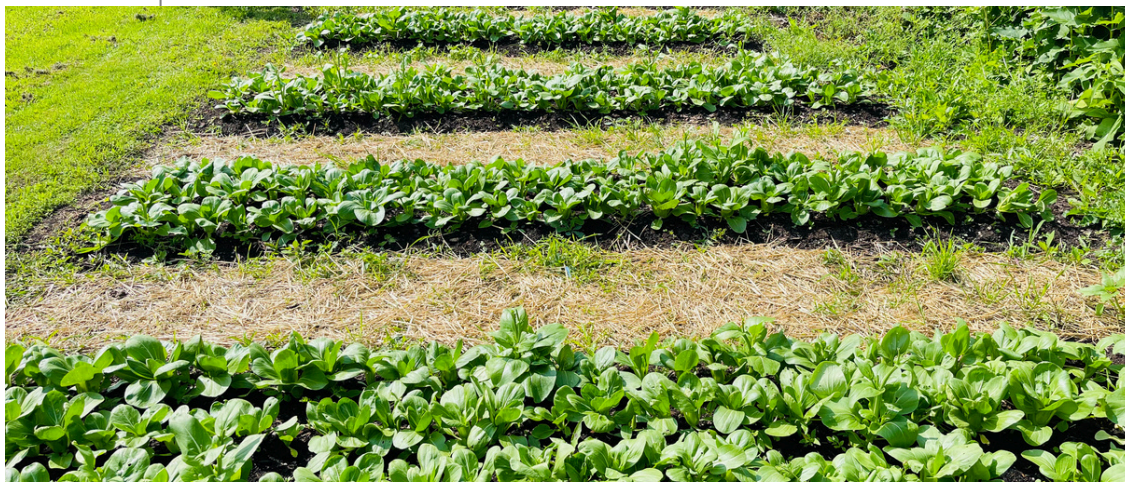
Across Toronto, food insecurity is still a daily reality for too many families, but PACT's **Grow-to-Learn (GTL)** program is showing what real, community-driven solutions can look like. What started as a handful of school gardens has grown into a living system that connects students, volunteers, and local partners through the shared work of growing and sharing food.

In 2025, GTL distributed more than **40,000 pounds of produce** through its gardens, food box program, and pantry initiatives. But the true story goes beyond the numbers. GTL has become a **model for what urban food security can look like when people, education, and purpose intersect**. It's not just about growing vegetables; it's about growing connection, confidence, and the skills that make communities stronger.

A Connected System

Each Grow-to-Learn site, from **John Polanyi CI** in Lawrence Heights to **Thistletown CI** in Rexdale, is part of a circular system. Students learn how food grows through hands-on workshops. Volunteers, neighbours, and corporate partners help maintain the gardens. The produce that's harvested goes straight back into local households through the Fresh Food Box and community meal programs.

Every piece of the system supports the other. The same beds that teach students about pollination and soil health also help fill dinner tables across the city.



Accessibility and Inclusion

This year, GTL deepened its commitment to making food growing accessible for everyone. Working with the **Canadian Abilities Foundation** and **Pilgrim Feast Tabernacles Church**, we have planned to improve our garden spaces by adding raised beds, smoother pathways, and adaptive tools so that more people can take part in the growing and harvesting. These changes are small on the surface, but they make a big difference in who gets to be part of the work. Because food justice isn't just about what's grown; it's about who gets to grow it.

Working in Step with City Goals

GTL's work also fits into something bigger. Our school gardens and food distribution networks directly support the **City of Toronto's Food Strategy**, align with **Rexdale SNAP's Urban Agriculture Implementation Plan**, and reflect the environmental and community resilience goals of both the **Greenbelt Foundation** and the **Ontario Trillium Foundation**. By blending policy priorities with practical, grassroots action, GTL is proving that small local systems can play a real role in addressing city-wide challenges like food insecurity and climate adaptation.

Planting Seeds for the Future

The success at **JPCI** and **TCI** shows what's possible and offers a blueprint for other schools or neighbourhoods to follow. The combination of schoolyard gardens, accessible infrastructure, and community-based food distribution can be scaled and adapted to fit different local needs. Each new site strengthens a city-wide network where youth learn, neighbours connect, and healthy food stays local.

Looking Ahead

From seed to system, Grow-to-Learn is about more than food. It's about creating places where people come together to learn, share, and support each other.





The GTL Garden at TCI: The Introduction of the Food Pantry

The Grow to Learn Program's mission is to serve families in under-resourced neighbourhoods, helping to transform unutilized areas into safe green spaces and build community. The TCI garden serves as an outdoor classroom, presenting students with experiential learning opportunities in gardening, sustainability and community building. The garden opens conversations within the classroom regarding healthy eating, nutrition, environmental sustainability, and food security. The produce harvested in the garden is donated to the school to support their culinary program, enhancing the students' learning opportunities.

The Rexdale community where TCI is situated faces economic and environmental pressures, creating obstacles to access fresh food. The Rexdale neighbourhood has been identified by the United Way as an area of concentrated poverty and vulnerable populations (Toronto and Region Conservation Authority, 2023). Food insecurity is significantly high in this area, proving a need for fresh, affordable, and nutritious food in the community. The City of Toronto and Toronto and Region Conservation Authority (TRCA) identified the Rexdale community suitable for the Sustainable Neighbourhood Action Program (SNAP), aiming to advance urban renewal and climate action (Toronto and Region Conservation Authority, 2023).

The Rexdale SNAP works with a variety of community organizations to provide resolutions to these pressures. This year SNAP reached out to PACT to develop and fund a food pantry program, which provided the students at TCI with free produce bags. The garden staff was able to provide students with fresh, organic, nutritious produce twice a week. This year the garden gave out a total of 219 bags, 619 pounds of fresh produce to the students.

Urban agriculture initiatives like the food pantry program are important for growing social connections, increasing awareness, and providing educational opportunities. Agriculture initiatives have been proven to increase mental and physical health; thus, these initiatives have social and economic benefits for the community. Having programs such as the SNAP are vital for improving the health and wellbeing of individuals in addition to community building.

Toronto and Region Conservation Authority. (2023). *Rexdale Urban Agriculture Strategy*.
<https://trcaca.s3.ca-central-1.amazonaws.com/app/uploads/2025/08/06121645/Rexdale-Urban-Agriculture-Strategy-Report-October-2023.pdf>



Roots of Connection: The People Power Behind Grow-to-Learn

Behind every garden harvest is a team of people who make it all happen. In 2025, more than **600 volunteers** and our dedicated **Grow-to-Learn staff** helped grow, harvest, and distribute nearly **40,000 pounds** of fresh food across Toronto.

At the center are our dedicated farmers, Ratheesh, Marcelle, Abi, Vaisee and Gabi, whose daily work blends growing, teaching, and mentoring. Their care turns each garden into a welcoming space where students learn, volunteers connect, and food is shared with dignity.

This year also brought record engagement from **corporate partners**. Fourteen companies joined us for volunteer days, contributing **over 1,800 hours** and **\$25,320** in support. These days in the garden have become a highlight for many teams — a chance to get their hands dirty, learn about food systems, and make a visible difference.

Add to that the steady help from neighbors, students, and community members, and the result is something far greater than the sum of its parts. Together, we're not just growing food; we're growing connection, resilience, and a shared sense of purpose.

Thank you to each and every one of you who helped make this year a success!



PACT LifePlan Coaching (LPC)

Real Relationships. Real Change.

Purpose-Driven Support for Youth Finding Their Way

At PACT, we understand the transformative power of coaching—especially when it’s grounded in trust, empathy, and genuine human connection. Many of the young people we serve have never been asked what they want or had a consistent adult help them pause, reflect, and take charge of their story.

“Coaching makes me feel seen and special—it’s my safe space.”
— Middle School client

Our LifePlan Coaching (LPC) model blends professional coaching with mentorship and trauma-aware support, meeting youth exactly where they are. We start by helping them build safety and confidence; over time, they take the lead—setting goals, asking deeper questions, and believing change is possible.

PACT LPC isn’t textbook coaching—it’s coaching with heart, purpose, and flexibility, designed for the real-world complexity our youth face. Every breakthrough, large or small, brings them closer to believing in their own potential.



2025 Highlights — Momentum and Innovation

This year, LifePlan Coaching expanded reach, refined tools, and deepened practice across both early-intervention middle school and justice-involved streams.

Dream Builders Youth Fund (PACT × Sofina (Foods) Foundation): New micro-grant program offering \$250–\$1,000 to help youth turn goals and creative ideas into action (see full story below).

PACT Life Wheel: Visual self-assessment tool adapted from the Wheel of Life, guiding goal-setting across the nine LPC Outcome Areas.

Program Expansion to Malvern (TCDSB): Brought coaching and Leadership Lunch Clubs to a new Catholic middle school in a Scarborough Neighbourhood Improvement Area.

Rotary Scholarship Milestone: Bahamian LPC coordinator Azaleta Ishmael-Newry is on target to become a certified life coach in 2026 as the first recipient of a Rotary Urban Peace Coaching Scholarship through Adler Toronto.



Progress and Purpose

— Data-Driven Outcomes and Evidence

Every coaching journey looks different. Some youth progress quickly, while others need time to establish trust, stability, and belief in themselves. What matters most is movement, not perfection.

Because every coaching journey includes setbacks, these outcome measures capture genuine growth within real-world complexity — not perfection, but movement toward stability and self-direction.

The following verified results capture measurable growth for youth who completed PACT's 90-day probationary period and engaged in sustained one-to-one coaching for about a year on average—each section below pairs data with real stories of change.

Justice Stream — Pathways to Stability and Growth

In 2024–25, eleven justice-involved youth participated in sustained one-to-one LifePlan Coaching. Most faced complex barriers — custody transitions, unstable housing, or probation challenges — but consistent coaching provided structure, accountability, and hope.

Positive Trajectory Index (PTI): 8 out of 11 youth (72%) — Nearly three-quarters made sustained gains across multiple outcome areas. Note: PTI is an internal measure (not a validated instrument) that tracks improvement across at least three of nine domains, verified through coach notes and external touch points (probation officers, teachers, families)—designed to capture progress within the complex realities standardized tools often miss.

“Probation says he’s finally consistent with check-ins and curfew.”
— Probation Officer (via Coach)



Top 3 Areas of Growth

1. **Future Outlook & Planning: 9 out of 11 youth (90%)** — Youth strengthened goal-setting, motivation, and belief in a positive path ahead. Many began identifying realistic goals for education, training, and employment.
2. **Mental & Emotional Health: 8 out of 11 youth (80%)** — Many practiced grounding, mindfulness, and emotional regulation to manage stress and anger, developing healthier ways to handle frustration and setbacks.
3. **Attendance & Time Management: 8 out of 11 youth (80%)** — Youth improved consistency and follow-through across school, work, and probation expectations, with stronger accountability to themselves and others.

Across these areas, many youth also strengthened communication and rebuilt trust with peers, family, and staff, contributing to more stable and supportive relationships.

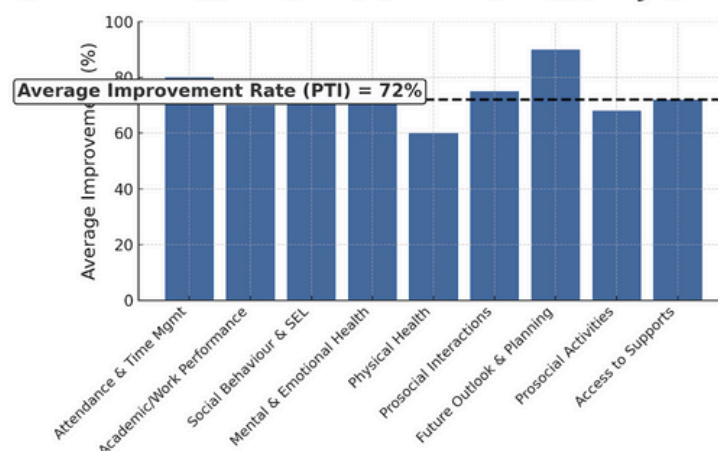
“Coaching helps me trust myself more and actually follow through.”
— Andrew, age 17

Even amid custody transitions or probation challenges, youth learned to show up more consistently and communicate with peers, family, and staff. This growth built the foundation for greater stability and trust across life domains.

Andrew’s Journey — When Andrew began coaching in an open-custody facility, he was anxious, uncertain, and carrying significant trauma. Through steady sessions using tools like the Life Wheel, strengths mapping, and mindfulness, he gradually learned to regulate stress, make values-based decisions, and take small but meaningful steps forward.

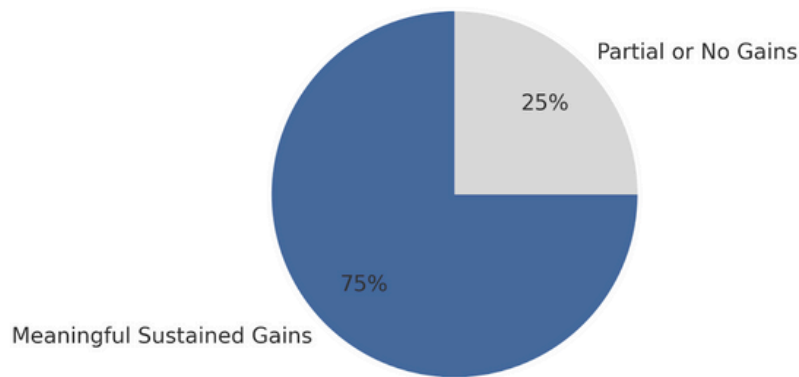
Even after a setback that returned him to detention, his coach maintained momentum through weekly phone-based sessions — reinforcing that progress is rarely linear but always possible, and that consistent, caring support can make all the difference.

Measured Growth Across Nine LPC Outcome Areas — Justice Stream (2024-25)



Bar chart illustrating average progress across the nine LPC Outcome Areas.

Overall Trajectory of Progress — Justice Stream (2024-25)



Pie chart showing that roughly three-quarters of youth achieved meaningful, sustained gains across multiple domains of growth and stability.

Middle School Stream — Building Foundations Early

Nine high-needs middle-school students engaged in one-to-one LifePlan Coaching throughout 2024–25, often building on earlier growth from Leadership Lunch Clubs. At this formative stage, consistency and trust are everything — helping youth develop reflection, emotional regulation, and a sense of school attachment before issues escalate.

Positive Trajectory Index (PTI): 8 out of 9 youth (87%) — Nearly all youth achieved measurable gains across multiple domains.

“Teachers say the difference is like night and day.”
— Teacher (via Coach)

Top 3 Areas of Growth

- 1. Social Behaviour & SEL Skills: 9 out of 9 youth (100%)** — All students improved their emotional regulation, communication, and peer awareness, practicing grounding and reflection to manage frustration.
- 2. Future Outlook & Planning: 9 out of 9 youth (100%)** — Every student strengthened motivation, curiosity, and early goal-setting, showing greater confidence and follow-through in class, along with steady improvements in attendance, preparedness, and self-advocacy.
- 3. Prosocial Interactions & Relationship: 9 out of 9 youths (100%)** — All youth demonstrated more empathy, cooperation, and positive engagement, strengthening communication with teachers and families.

By focusing on self-advocacy, consistency, and attendance, students developed habits that prepared them for successful high-school transitions.

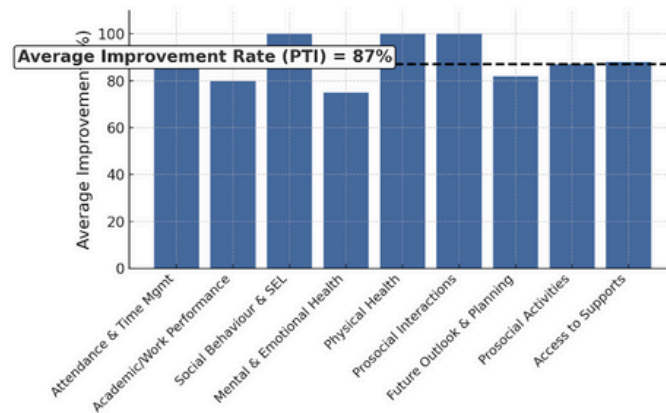
Amanda's Story — Growth Through Connection and Choice

When Amanda first joined a PACT Lunch Club in seventh grade, she was loud, quick to swear, and often physically aggressive toward classmates. She struggled to manage her emotions and spent a lot of time in the office. However, as she built real connections with peers and trusted teachers through the group sessions, her SEL skills — particularly her self-awareness and regulation — steadily improved.

By Grade 8, she transitioned into one-to-one coaching, where she set personal goals, improved decision-making, and learned to pause before reacting. This growing sense of control and confidence helped her transform a D average into an A average, strengthen key relationships, and enter high school with a clear plan and the belief that she could succeed. She now checks in monthly with her coach as she navigates high school with far more stability, maturity, and ownership of her choices.

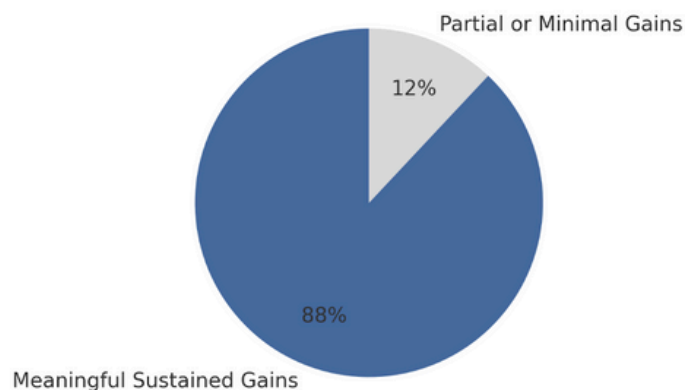
“I finally feel smart.” & “I learned I can be calm and still be fun.”
— Amanda

Measured Growth Across Nine LPC Outcome Areas — Middle School Stream (2024-25)



Bar chart illustrating average progress across the nine LPC Outcome Areas.

Overall Trajectory of Progress — Middle School Stream (2024-25)



Pie chart showing that nearly nine in ten participating youth achieved meaningful, sustained gains across multiple domains of growth and wellbeing.

Combined 1:1 Results — Relationships That Last

Across both LPC streams, twenty youth received sustained one-to-one coaching in 2024–25. These young people represent a wide range of starting points — from open-custody facilities to middle-school classrooms — but share a common thread: stability and self-belief built through trust.

Positive Trajectory Index (PTI): 16 out of 20 youth (80%) — Four out of five youth achieved meaningful, sustained progress across multiple Outcome Areas.

“I’m showing up more because I know someone believes in me.”
— Middle School client, age 14

Top Areas of Growth Across Both Streams

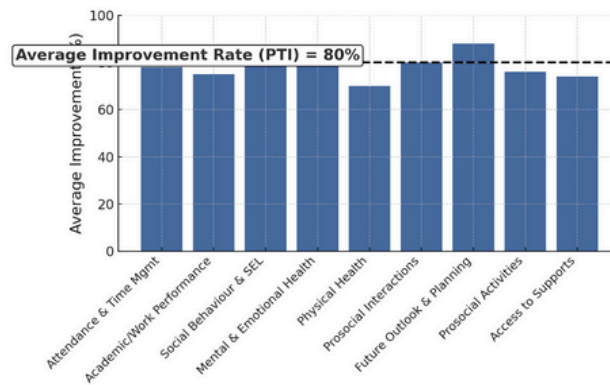
- 1. Future Outlook & Planning: 17 out of 20 youth (88%)** — Youth showed stronger direction, motivation, and belief in future possibilities. Many began setting concrete goals for education, training, or employment, thereby bridging short-term focus with long-term vision.
- 2. Mental & Emotional Health: 16 out of 20 youth (82%)** — Youth strengthened emotional insight, coping strategies, and stress-management skills, translating mindfulness and self-regulation into daily routines.
- 3. Attendance & Engagement: 15 out of 20 youth (78%)** — Youth demonstrated greater consistency and follow-through across school, home, work, and probation expectations — linking accountability with trust and self-confidence.

Stability & Trust: Continuity of coaching across custody, school, and community settings reinforced accountability and resilience. Coaches stayed connected through transitions, modelling reliability and care that often became the most stable relationship in a young person’s life.

Together, these results confirm that trauma-informed, relationship-based coaching works across diverse contexts — from custody units to classrooms. Progress emerges not in the absence of struggle, but through it.

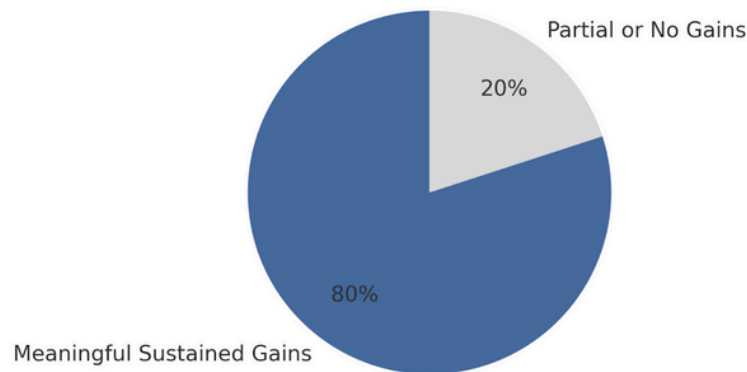


Measured Growth Across Nine LPC Outcome Areas — Combined 1:1 Streams (2024-25)



Bar chart reflecting aggregated average progress across both Justice and Middle School LifePlan Coaching streams.

Overall Trajectory of Progress — Combined 1:1 Streams (2024-25)



Pie chart showing that 80% of youth across both streams achieved meaningful, sustained gains.

2024-25 Program Investment

LifePlan Coaching served 20 youth in sustained 1:1 coaching relationships over an average of 12 months, supported by eight professional PACT coaches paid \$125/hour.

Investment per coaching relationship:

\$10,100—a fraction of youth detention costs (\$150K–\$300K annually) and comparable to traditional therapy, but with the flexibility to meet youth in custody, at school, or in community settings as their circumstances change.

Total 2024-25 program budget: \$279,665, supported by funders including the Dalglish Family Foundation, John Zanini Foundation, Toronto-area Rotary Clubs, Minto Foundation (HALO Fund), and SSQ Foundation.



Leadership Lunch Clubs (LLC) — Group Coaching for Growth

Alongside individualized coaching, Leadership Lunch Clubs (LLCs) offer a proactive, group-based model that helps middle school youth develop emotional intelligence and peer-support skills.

During the 2024–25 school year, multiple eight-week cycles were delivered across two Toronto schools each semester, engaging a total of 26 students in art, mindfulness, journaling, drum circles, and team-building.

Key Growth Indicators (Pre- to Post-Program):

Participants completed self-efficacy questionnaires at the beginning and end of each student's engagement, rating 14 statements on a 5-point scale (1 = "not at all," 5 = "very much"). Results show substantial improvements:

- **Mental & Emotional Health** — "When I have a lot on my mind (stress), I know how to calm down" (35% average improvement)
- **Future Outlook & Planning** — "I know what I want to do later in my life" (30% average improvement)
- **Prosocial Relationships** — "I listen to other people and care about their feelings" (15% average improvement)



“At first I didn’t want to talk, but now I know how to calm myself when I’m mad and think before I react. I feel more confident speaking up and helping my friends do the same.”

— Grade 7 Lunch Club participant

“The club helped me see that I have goals and things I’m good at. I used to think school didn’t matter, but now I’m trying harder and planning for what comes next.”

— Grade 8 Lunch Club participant

By year’s end, many students had expressed personal goals, with some transitioning into one-to-one LPC coaching — strengthening continuity and early intervention reach.

Measured Pre/Post Growth — Leadership Lunch Clubs (2024-25)

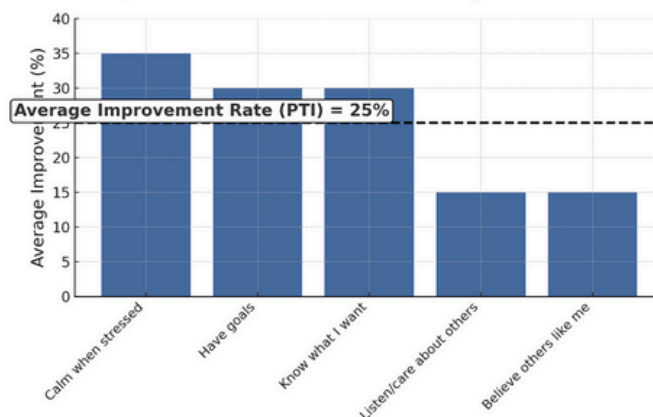


Chart showing self-efficacy survey gains across key areas, including stress management, goal-setting, and self-awareness.

Caring for Coaches, Caring for Youth — The Power of Presence

As PACT Co-founder David Lockett often says, becoming a PACT Life Coach isn't just a job — it's a calling. It takes patience, empathy, and courage to walk beside youth facing real barriers, holding hope when others might give up. Our coaches do this every day, helping young people see what's possible when someone shows up with calm, consistency, and care.

That's why self-care and wellness are essential parts of the LPC model. A coach can only guide others toward balance if they practice it themselves. When coaches regulate their own stress and emotions, they model those same skills for youth — turning tense moments into teachable ones and conflict into trust. Self-care practices are integrated into LPC coaching at every level — from breathing and grounding exercises to values reflection and routine-building. Coaches also receive support through monthly team meetings, peer circles, and professional development. Because when coaches are cared for, they can show up as their best selves — and youth feel that difference.



“When we take care of ourselves, our coaching is stronger—and youth feel it.”
— PACT Coach

Dream Builders in Action — Turning Youth Goals Into Reality

A new partnership between PACT and the Sofina Foundation brought an inspiring idea to life — the **Dream Builder Youth Fund**. Through Sofina's \$10,000 contribution, this pilot initiative provides micro-grants of \$250–\$1,000 directly to LPC and Leadership Lunch Club youth, helping them pursue personal goals or creative and entrepreneurial projects.

The fund extends Sofina's national Dream Builders Campaign — an employee-driven initiative supporting children's charities across Canada — by placing opportunity and decision-making power directly in the hands of youth. Coaches are now working with participants to prepare their first funding applications requesting support for projects such as launching small businesses, exploring career interests, and accessing life-enriching experiences they might not otherwise have the means to pursue.

The result is simple but powerful: youth feel seen, supported, and equipped to act on their potential. With Sofina's partnership, they're not just imagining better lives — they're taking tangible steps to build them.

Looking Ahead to 2026

PACT will continue refining its LifePlan Coaching framework and strengthening partnerships that help youth turn potential into possibility—through expanded micro-grant opportunities, new school partnerships, and strengthened evaluation through youth self-assessment tools and independent verification.



Methodology Note

PACT measures impact through nine LifePlan Coaching Outcome Areas using coach notes, attendance data, external reports (probation, teachers, families), and 1–5 progress ratings. All findings are reviewed through a trauma-informed, strength-based lens.

Positive Trajectory Index (PTI) shows the percentage of youth demonstrating sustained improvement across at least three outcome areas—designed as a developmental baseline, not a standardized benchmark.

Evaluation Context: Results reflect small cohorts (n = 20 for sustained 1:1 coaching over ~12 months) and coach-verified rather than independently assessed data. We report absolute numbers with percentages, acknowledge our custom metrics aren't externally validated, and note that limited baseline data exists for some participants who entered during crisis moments. We're building toward complementary validated tools, consistent youth self-assessment, and independent verification while maintaining trauma-informed flexibility.

All data are anonymized and human-checked. Future reports will consistently mark unverifiable areas as "N/A."

UTMOST GRATITUDE TO ALL OUR FUNDERS.

THANK YOU!

DIAMOND LEVEL SPONSORS

Ontario Trillium Foundation - Grow Grant
The Dalglish Family Foundation

PLATINUM LEVEL SPONSORS

Agriculture Canada
Dan and Mary Cornacchia Foundation at Toronto Foundation
Robert Kerr Foundation
The Rotary Club of Toronto and its Charitable Foundation

GOLD LEVEL SPONSORS

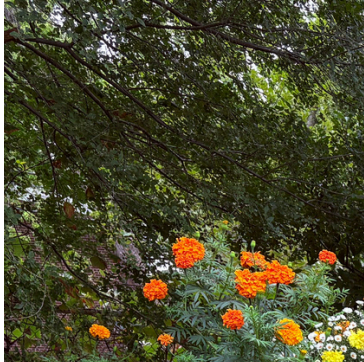
Minto Foundation Inc. (HALO Fund)
Rotary of Agincourt
Scarborough Toyota
Toronto District School Board

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Please contact **David Lockett**, PACT
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